



Sachem East Varsity Competition: Saturday, 1/13/2018

<u>Session 1 - Small</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Sachem East	8:40 AM	8:50 AM	9:10 AM
William Floyd	8:50 AM	9:00 AM	9:20 AM
SWR	9:00 AM	9:10 AM	9:30 AM
Longwood	9:10 AM	9:20 AM	9:40 AM
Bayport-Blue Point	9:20 AM	9:30 AM	9:50 AM
HHH West	9:30 AM	9:40 AM	10:00 AM
Center Moriches	9:40 AM	9:50 AM	10:10 AM
Sayville	9:50 AM	10:00 AM	10:20 AM
Smithtown East	10:00 AM	10:10 AM	10:30 AM
Southold	10:10 AM	10:20 AM	10:40 AM
Comsewogue	10:20 AM	10:30 AM	10:50 AM
Smithtown West	10:30 AM	10:40 AM	11:00 AM

<u>Session 2 - Small</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Riverhead	11:25 AM	11:35 AM	11:55 AM
Bellport	11:35 AM	11:45 AM	12:05 PM
McGann Mercy	11:45 AM	11:55 AM	12:15 PM
Hauppauge	11:55 AM	12:05 PM	12:25 PM
ESM	12:05 PM	12:15 PM	12:35 PM
Westhampton	12:15 PM	12:25 PM	12:45 PM
North Babylon	12:25 PM	12:35 PM	12:55 PM
Babylon	12:35 PM	12:45 PM	1:05 PM
West Islip	12:45 PM	12:55 PM	1:15 PM
Walt Whitman	12:55 PM	1:05 PM	1:25 PM
Pat Med	1:05 PM	1:15 PM	1:35 PM
Central Islip	1:15 PM	1:25 PM	1:45 PM

<u>Session 3 - Medium</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Hampton Bays	2:25 PM	2:35 PM	2:55 PM
Northport	2:35 PM	2:45 PM	3:05 PM
Bay Shore	2:45 PM	2:55 PM	3:15 PM
Newfield	2:55 PM	3:05 PM	3:25 PM
Kings Park	3:05 PM	3:15 PM	3:35 PM
Miller Place	3:15 PM	3:25 PM	3:45 PM
Rocky Point	3:25 PM	3:35 PM	3:55 PM
Harborfields	3:35 PM	3:45 PM	4:05 PM
Brentwood	3:45 PM	3:55 PM	4:15 PM
East Islip	3:55 PM	4:05 PM	4:25 PM

<u>Session 4 - Large</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Mount Sinai	4:40 PM	4:50 PM	5:10 PM
West Babylon	4:50 PM	5:00 PM	5:20 PM
Commack	5:00 PM	5:10 PM	5:30 PM
Ward Melville	5:10 PM	5:20 PM	5:40 PM
Sachem North	5:20 PM	5:30 PM	5:50 PM
Lindenhurst	5:30 PM	5:40 PM	6:00 PM
Centereach	5:40 PM	5:50 PM	6:10 PM
Connetquot	5:50 PM	6:00 PM	6:20 PM